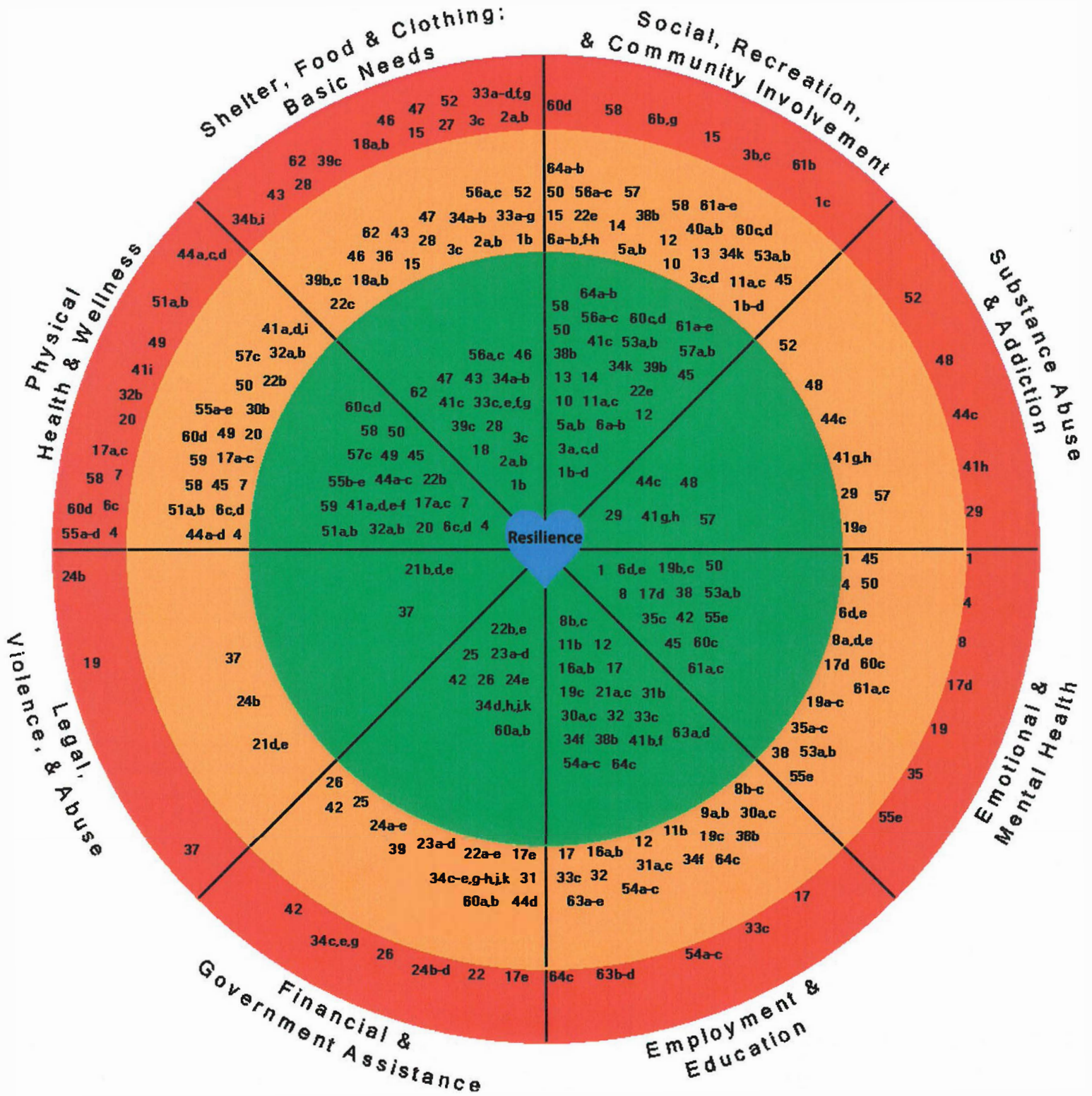


Kittitas County Community Resources Guide



The agencies listed are supporting efforts to build resilience in our community.

This guide is only a small snapshot of agencies and services provided. For a complete listing, as well as contact information, hours of operation, and specific requirements, please call 2-1-1 or visit www.win211.org

For questions or requests for inclusion, please contact Kate Adkison at kadkison@pfp.org

Key on Reverse

- **Prevention/Promotion**
- **Intervention**
- **Crisis**

Crisis services represented are not meant to replace calling 9-1-1 in the case of emergencies

- 1. Adult Activities Senior Center**
 - 1.a. Alzheimer's Support -
 - 1.b. Congregate Meals -
 - 1.c. Daily Activities -
 - 1.d. Senior Field Trips -
- 2. Allied People Offering Year-Round Outreach (APOYO)**
 - 2.a. Clothing Bank - *
 - 2.b. Food Pantry - *
- 3. American Red Cross Serving Central and Southeast Washington**
 - 3.a. Disaster Preparedness - *
 - 3.b. Disaster Relief Services - *
 - 3.c. Military Services - *
 - 3.d. Safety Training - *
- 4. Care Net Pregnancy Center of Kittitas County**
 - 4.a. Abortion Recovery Support -
 - 4.b. Pregnancy Tests -
- 5. Catholic Charities Serving Central Washington**
 - 5.a. Elder Services -
 - 5.b. Volunteer Services -
- 6. Central Washington Disability Resources**
 - 6.a. Independent Living / Case Management -
 - 6.b. Information and Referral -
 - 6.c. Medical Equipment Lending Program -
 - 6.d. Nursing Home Transitioning -
 - 6.e. Peer Support/Mentoring -
 - 6.f. Recreation & Swim Pass Program -
 - 6.g. Resource Lending Library -
 - 6.h. Youth Transition Services -
- 7. Central Washington Pediatric Dentistry**
- 8. Central Washington University**
 - 8.a. Community Counseling & Psychological Assessment Center -
 - 8.b. Community Health Worker Training -
 - 8.c. High School Equivalency Academy -
 - 8.d. LIFT Foster Youth Support -
 - 8.e. Parenting Skills Education -
 - 8.f. University Education -
- 9. Church of Jesus Christ of Latter-Day Saints**
 - 9.a. Preparation to Pass the US Naturalization Exam - *
 - 9.b. The Daily Dose English Language Program - *
- 10. City of Cle Elum Public Library**
- 11. City of Ellensburg**
 - 11.a. Hal Holmes Community Center -
 - 11.b. Online Money Management Classes -
 - 11.c. Parks & Recreation Department -
- 12. City of Ellensburg Public Library**
- 13. City of Kittitas Public Library**
- 14. Clymer Museum of Art**
- 15. Community Christmas Basket Committee**
- 16. Community Development Institute of Kittitas County**
 - 16.a. Early Childhood Education & Assistance Program (ECEAP) -
 - 16.b. Head Start -
- 17. Community Health of Central Washington**
 - 17.a. Breastfeeding Education Classes -
 - 17.b. Children with Special Health Care Needs - First Steps -
 - 17.c. Ellensburg Dental Care -
 - 17.d. Primary Care Behavioral Health -
 - 17.e. WIC -
- 18. Community Outreach and Life Skills Center - COAL**
 - 18.a. Bedding, Blankets, & more -
 - 18.b. Community Clothing Bank -
- 19. Comprehensive Healthcare of Kittitas County**
 - 19.a. Aspen Victim Advocacy Services -
 - 19.b. Child & Family Counseling -
 - 19.c. Community Education Programs -
 - 19.d. Crisis Services -
 - 19.e. Substance Use Disorder Treatment -
- 20. Creekside Dental Clinic - Ellensburg**
- 21. Dispute Resolution Centers of Yakima & Kittitas Counties**
 - 21.a. Communication Skills & Conflict Resolution Workshops -
 - 21.b. Conflict Resolution/Mediation Services - *
 - 21.c. Facilitation Services - *
 - 21.d. Mediation Services for Seniors - *
 - 21.e. Parent/Youth Mediation Services - *
- 22. DSHS - Community Services Office**
 - 22.a. Financial Assistance - *
 - 22.b. Medicare Savings Programs - *
 - 22.c. Washington Basic Food Program - *
 - 22.d. Washington State ID Card Assistance - *
 - 22.e. Working Connections Child Care - *
- 23. DSHS - Office of Developmental Disabilities Administration**
 - 23.a. Early Intervention Services Administration -
 - 23.b. Employment & Day Program Services -
 - 23.c. Individual & Family Services Program -
 - 23.d. Residential Placement -
- 24. DSHS - Office of Division of Children and Family Services**
 - 24.a. Adoption -
 - 24.b. Child Protective Services -
 - 24.c. Child Welfare Services -
 - 24.d. Family Reconciliation Services -
 - 24.e. Foster Care Services -
- 25. DSHS - Office of Division of Vocational Rehabilitation**
- 26. Earned Income Tax Credit and Volunteer Income Tax Assistance Sites**
- 27. Ellensburg Cold Weather Shelter**
- 28. Ellensburg Community Clothing Center**
- 29. Ellie Lorenz Counseling**
- 30. Elmview**
 - 30.a. Employment Services -
 - 30.b. Respite Care -
 - 30.c. Supportive Living Services & Training -
- 31. Entrust Community Services**
 - 31.a. BFET Program -
 - 31.b. Individual Supported Employment -
 - 31.c. Transition Program -
- 32. Family Health Care of Ellensburg**
 - 32.a. Breastfeeding Education Class -
 - 32.b. Family Medicine & Pediatrics -
- 33. FISH Food Bank - Friends in Service to Humanity**
 - 33.a. Bread Room -
 - 33.b. Food Pantry -
 - 33.c. Free School Supplies -
 - 33.d. Free Summer Meals for Kids -
 - 33.e. Hot Meals Program -
 - 33.f. Meals On Wheels -
 - 33.g. Senior Nutrition -
- 34. HopeSource**
 - 34.a. Central Transit -
 - 34.b. Door to Door Transportation -
 - 34.c. Energy Assistance -
 - 34.d. Energy Conservation -
 - 34.e. HEN - Housing & Essential Needs Program -
 - 34.f. Hope University -
 - 34.g. Rapid Rehousing (Move In Assistance) -
 - 34.h. Senior Rent -
 - 34.i. Supportive Services for Veteran Families -
 - 34.j. Weatherization Program -
 - 34.k. Youth Recreation Scholarship -
- 35. Hospice Friends**
 - 35.a. Bereavement Support - *
 - 35.b. Comfort Therapies -
 - 35.c. Volunteer Support -
- 36. Housing Authority of Kittitas County**
- 37. Kittitas County Court Appointed Special Advocates - CASA**
- 38. Kittitas County Early Learning Coalition**
 - 38.a. Developmental Screening -
 - 38.b. Parent Child Early Learning Events -
- 39. Kittitas County Habitat for Humanity**
 - 39.a. Critical Home Repair Loans for Low Income Homeowners -
 - 39.b. Habitat Store -
 - 39.c. Self Build Homes -
- 40. Kittitas County Historical Museum**
 - 40.a. Adult Group & School Tours -
 - 40.b. Evening Lecture Series -
- 41. Kittitas County Public Health Department**
 - 41.a. Access to Baby and Child Dental (ABCD) -
 - 41.b. Food Handlers Card -
 - 41.c. Free Car Seats & Bike Helmets -
 - 41.d. Health Insurance Enrollment Assistance -
 - 41.e. HIV/AIDS Prevention -
 - 41.f. Kittitas County Breastfeeding Coalition -
 - 41.g. Overdose Prevention/Naloxone Distribution & Training -
 - 41.h. Syringe Exchange Services -
 - 41.i. Tuberculosis Testing -
- 42. Kittitas County Veterans Coalition**
- 43. Kittitas Neighborhood Pantry**
- 44. Kittitas Valley Healthcare**
 - 44.a. Diabetes Education - *
 - 44.b. Family Birthing Place - *
 - 44.c. MAT Services - *
 - 44.d. Patient Assistance Program - *
- 45. La Leche League of Kittitas County**
- 46. Low Income, Senior, or Disabled Housing**
- 47. M6/28 Clothing Bank**
- 48. Narcotics Anonymous of Kittitas County**
- 49. Northwest Oral Health Outreach**
- 50. Nurturing Naturally Breastfeeding Support Group**
- 51. Open Door Health Clinic**
 - 51.a. Cle Elum Free Health Clinic -
 - 51.b. Ellensburg Free Health Clinic - *
- 52. Oxford House of Kittitas County**
- 53. Parent to Parent**
 - 53.a. Parent Support - Cle Elum -
 - 53.b. Parent Support - Ellensburg -
- 54. People For People**
 - 54.a. Dislocated Worker - WIOA -
 - 54.b. Low-Income Adult Services - WIOA -
 - 54.c. Youth WorkFirst Program -
- 55. Planned Parenthood**
 - 55.a. Abortion Referral - *
 - 55.b. Birth Control, Emergency Contraception, & Pregnancy Testing - *
 - 55.c. General Health Care - *
 - 55.d. HIV & STD Testing, Treatment, & Vaccination - *
 - 55.e. LGBTQ Services - *
- 56. Putnam Centennial Senior Center - Upper County**
 - 56.a. Meals On Wheels -
 - 56.b. Senior Center -
 - 56.c. Senior Nutrition -
- 57. RSVP & Volunteer Center of Kittitas County**
 - 57.a. Document Shred & Drug Take Back -
 - 57.b. SAIL - Stay Active & Independent for Life -
 - 57.c. SHIBA - Statewide Health Insurance Benefits Advisors -
- 58. Senior Life Resources Northwest**
- 59. Sky Valley Midwifery**
- 60. Southeast Washington Aging & Disability Resource Center**
 - 60.a. Benefits Assistance -
 - 60.b. Case Management -
 - 60.c. Family Caregiver Support Services -
 - 60.d. Home Care Referral -
- 61. Stan Bassett Youth Center**
 - 61.a. Boys Group -
 - 61.b. Daily Games & Activities -
 - 61.c. Girls Group -
 - 61.d. Nutrition Education & Cooking Classes -
 - 61.e. Youth Field Trips -
- 62. Upper County Community Food Bank**
- 63. WorkSource**
 - 63.a. Employment & Training -
 - 63.b. Job Corps -
 - 63.c. Unemployment Information -
 - 63.d. Veterans Services -
 - 63.e. WorkFirst -
- 64. Youth Services of Kittitas County**
 - 64.a. Art Walk -
 - 64.b. Free Swimming Program -
 - 64.c. Homework Club -
 - 64.d. Mentor Program -