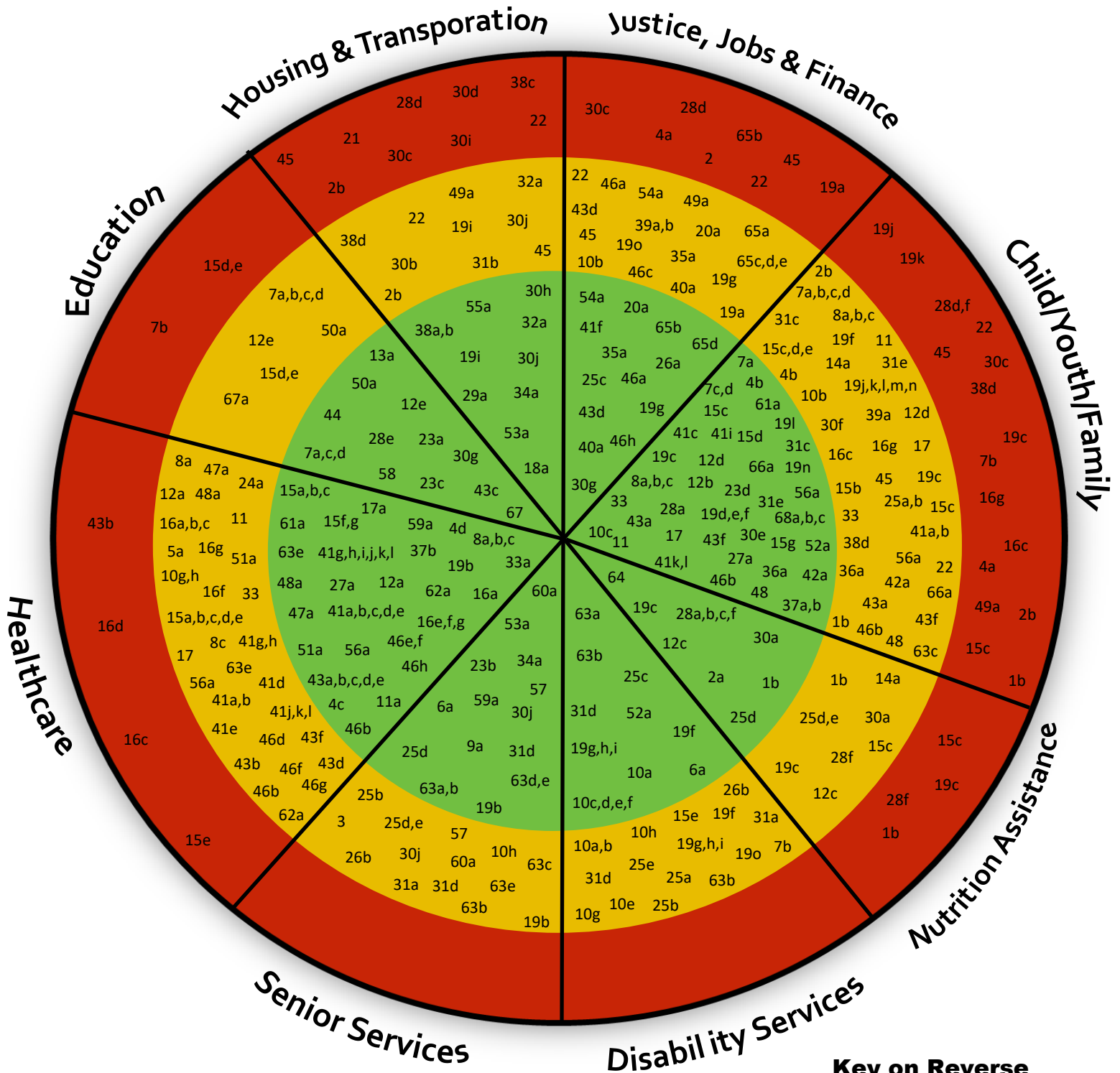


# Kittitas County Community Resources Guide

Created in partnership with the Kittitas County Resilience & ACEs Task Force

This guide is only a snapshot of agency services provided. For a complete description of services as well as contact information, hours of operation, and specific requirements, please call 211 or refer to the 211 database at [www.win211.org](http://www.win211.org).



**Key on Reverse**

Many of the agencies listed are supporting efforts to reduce Adverse Childhood Experiences (ACEs) and build resilience in families and children in our community.

- **Prevention/Promotion**
- **Intervention**
- **Crisis**

July 2017  
Updated bi-annually

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To download a copy go to: [pfp.org](http://pfp.org)

1. **211**
  - 1.a. Information and Referral Service
  - 1.b. Washington Basic Food Program\*
2. **Allied People Offering Year-Round Outreach (APOYO)**
  - 2.a. Food Pantry\*
  - 2.b. Clothing Bank\*
3. **Alzheimer's Support Group**
4. **American Red Cross Serving Central and Southeast Washington**
  - 4.a. Disaster Relief Services
  - 4.b. Military Services\*\*
  - 4.c. Safety Training
  - 4.d. Disaster Preparedness
5. **Barth Clinic**
  - 5.a. Outpatient Treatment Services
6. **Briarwood Common**
  - 6.a. Senior and Disabled Housing
7. **Bright Beginnings for Kittitas County**
  - 7.a. Head Start & Early Head Start Program\*
  - 7.b. Early Intervention Program (Birth to Three/ESIT)\*
  - 7.c. Ages & Stages Questionnaire\*
  - 7.d. Early Childhood Education and Assistance Program (ECEAP)\*
8. **Care Net Pregnancy Center of Kittitas County**
  - 8.a. Pregnancy Testing
  - 8.b. Pregnancy Options Information
  - 8.c. Abortion Recovery Support
9. **Catholic Family and Child Services of Yakima**
  - 9.a. Volunteer Chore Services-Elder Services
10. **Central Washington Disability Resources**
  - 10.a. Independent Living Skills Training
  - 10.b. Youth Transition Services
  - 10.c. Recreation and Swim Pass Program
  - 10.d. Information and Referral
  - 10.e. Resource Lending Library
  - 10.f. Peer Support/Mentoring
  - 10.g. Medical Equipment Lending Program
  - 10.h. Nursing Home Transitioning
11. **Central Washington Pediatric Dentistry**
12. **Central Washington University**
  - 12.a. Community Counseling and Psychological Assessment Center
  - 12.b. LIFT Foster Youth Support-Family Resource Center
  - 12.c. Ellensburg Community Kitchen
  - 12.d. Parenting Skills Education-Family Resource Center
  - 12.e. Community Health Worker Training
13. **Cle Elum, City of**
  - 13.a. Public Library
14. **Community Christmas Basket Committee**
  - 14.a. Community Christmas Baskets
15. **Community Health of Central Washington**
  - 15.a. Integrated Behavioral Health\*
  - 15.b. Ellensburg Dental Care\*
  - 15.c. Women, Infants, Children (WIC)\*
  - 15.d. First Steps
  - 15.e. Children and Youth with Special Health Care Needs
  - 15.f. Washington Apple Health Insurance Assistance\*
  - 15.g. Breastfeeding Education Classes\*
16. **Comprehensive Healthcare**
  - 16.a. Adult Outpatient Mental Health Services
  - 16.b. Substance Use Disorder Treatment
  - 16.c. Aspen Victim Advocacy Services
  - 16.d. Crisis Services
  - 16.e. Community Education Programs
  - 16.f. Residential Mental Health Programs
  - 16.g. Child and Family Services
17. **Creekside Dental Clinic**
18. **Crestview Terrace**
  - 18.a. Low Income Housing
19. **Department of Social and Health Services**
  - 19.a. Financial Assistance\*
  - 19.b. Medicare Savings Program\*
  - 19.c. Washington Basic Food Program\*
  - 19.d. Working Connections Child Care\*
  - 19.e. Washington State ID Card Assistance\*
  - 19.f. Developmental Disabilities Administration-ESIT\*
  - 19.g. Developmental Disabilities Administration-EDPS\*
  - 19.h. Developmental Disabilities Administration-IFSP\*
  - 19.i. Developmental Disabilities Administration-RPS\*
  - 19.j. Child Welfare Services\*
  - 19.k. Child Protective Services\*
- 19.l. Adoption\*
- 19.m. Foster Care Services\*
- 19.n. Family Reconciliation Services\*
- 19.o. Vocational Rehabilitation\*
20. **EITC/VITA Sites**
  - 20.a. Free Income Tax Preparation Assistance (seasonal)\*
21. **Ellensburg Cold Weather Shelter (seasonal)**
22. **Ellensburg Community Clothing Center**
23. **Ellensburg, City of**
  - 23.a. Public Library
  - 23.b. Senior Center
  - 23.c. Online Money Management Classes
  - 23.d. Youth Center
24. **Ellie Lorenz Counseling and Consulting Services**
  - 24.a. Problem Gambling Treatment
25. **Elmview**
  - 25.a. Supportive Living Services and Training
  - 25.b. Respite Care
  - 25.c. Employment Services
  - 25.d. Senior Nutrition
  - 25.e. Meals on Wheels
26. **Entrust Community Services**
  - 26.a. Individual Supported Employment
  - 26.b. Transition Program
27. **Family Health Care of Ellensburg**
  - 27.a. Breastfeeding Education Classes\*
28. **FISH**
  - 28.a. Fish Food Bank
  - 28.b. The Diner at FISH
  - 28.c. Bread Room
  - 28.d. Emergency Assistance Program
  - 28.e. Free School Supplies (seasonal)
  - 28.f. Free Summer Meals for Kids
29. **Hampton Court Apartments**
  - 29.a. Low Income Housing
30. **HopeSource**
  - 30.a. Cle Elum Food Bank
  - 30.b. Door to Door Transportation (Dial A Ride)
  - 30.c. Energy Assistance\*\*\*
  - 30.d. Emergency Housing
  - 30.e. Youth Recreation Scholarships\*
  - 30.f. Support Services for Veteran Families\*\*
  - 30.g. HopeUniversity
  - 30.h. Central Transit\*\*
  - 30.i. HEN Program (DSHS Liaison)\*\*
  - 30.j. Senior Rent Program
31. **Hospice Friends**
  - 31.a. Equipment and Supplies
  - 31.b. Transportation
  - 31.c. Bereavement Support
  - 31.d. Volunteer Support
  - 31.e. Comfort Therapies
32. **Housing Authority of Kittitas County**
  - 32.a. Low Income Housing
33. **Howey Dental**
34. **Huntington Court Senior Apartments**
  - 34.a. Low Income Housing
35. **Kittitas County Chamber of Commerce**
  - 35.a. Ellensburg Economic Development
36. **Kittitas County Court Appointed Special Advocates**
  - 36.a. Advocates for Abused and Neglected Children
37. **Kittitas County Early Learning Coalition**
  - 37.a. Early Learning STEM Activities Events
  - 37.b. Developmental Screening
38. **Kittitas County Habitat for Humanity**
  - 38.a. Self-Built Homes
  - 38.b. New Home Construction and No Interest Loans for Low Income Families
  - 38.c. Critical Home Repair Loans for Low Income Home Owners
  - 38.d. Free Furniture for Families in Need
39. **Kittitas County Juvenile Court Services Department**
  - 39.a. Juvenile Probation\*
  - 39.b. Juvenile Court Services\*
40. **Kittitas County Misdemeanor Probation**
  - 40.a. Adult Probation\*
41. **Kittitas County Public Health Department**
  - 41.a. STD Testing and Assistance\*
  - 41.b. Immunizations\*
  - 41.c. Birth and Death Certificates\*
  - 41.d. Tuberculosis Testing\*
  - 41.e. Travel Consultation\*
  - 41.f. Food Handlers Card\*
  - 41.g. Washington Apple Health Insurance Assistance\*
- 41.h. Syringe Exchange Services\*
- 41.i. Access to Baby and Child Dental (ABCD)\*
- 41.j. Overdose Prevention/Naloxone Distribution and Training\*
- 41.k. Kittitas County Breastfeeding Coalition\*
- 41.l. Free Car Seats and Seat Safety Checks\*
42. **Kittitas County Veterans Coalition**
  - 42.a. Veteran Services\*\*
43. **Kittitas Valley Healthcare**
  - 43.a. Family Birthing Center
  - 43.b. Inpatient Hospital Service\*
  - 43.c. Community Health Library\*
  - 43.d. Patient Assistance Program for Prescription Costs\*
  - 43.e. Diabetes Education\*
  - 43.f. Urgent Breastfeeding/Baby Feeding Concerns\*
44. **Kittitas Public Library**
45. **M6/28 Clothing Bank**
46. **Merit Resource Services**
  - 46.a. Employee Assistance Programs\*
  - 46.b. Student Assistance Programs\*
  - 46.c. Deferred Prosecution\*
  - 46.d. Outpatient Treatment Program\*
  - 46.e. Alcohol/Drug Information School\*
  - 46.f. Relapse Prevention\*
  - 46.g. DUI Assessments\*
  - 46.h. Urine Alcohol/Drug Screening\*
47. **Narcotics Anonymous, Central Washington Area**
  - 47.a. Drug Dependency Support
48. **Northwest Oral Health Outreach**
49. **Northwest Justice Project**
  - 49.a. Legal Aid\*\*\*
50. **OIC of Washington**
  - 50.a. WIOA Youth Education & Employment Training
51. **Open Door Health Clinic**
  - 51.a. Free Health Clinic
52. **Parent to Parent**
  - 52.a. Support for Parents Raising Special Needs Children
53. **Pennsylvania Place Apartments**
  - 53.a. Low Income Disabled & Senior Housing
54. **People for People**
  - 54.a. Employment Training\*
55. **Pine Terrace Apartment**
  - 55.a. Low Income Housing
56. **Planned Parenthood of Greater Washington and North Idaho**
  - 56.a. Family Planning Education and Resources\*
57. **Putnam Centennial Senior Center-Upper County**
58. **Roslyn Public Library**
59. **RSVP and Volunteer Center of Kittitas County**
  - 59.a. SHIBA-Statewide Health Insurance Benefits Advisors
60. **Senior Life Resources NW**
  - 60.a. Home Care Services
61. **Sky Valley Midwifery**
  - 61.a. Breastfeeding Support & Birth Services
62. **Social Treatment Opportunity Programs (STOP)**
  - 62.a. Outpatient Treatment
63. **Southeast WA Aging and Long Term Care Council of Governments**
  - 63.a. Aging and Disability Resource Center (ADRC)
  - 63.b. Case Management
  - 63.c. Family Caregiver Support Services
  - 63.d. Home Care Referral Registry
  - 63.e. Medicare Counseling and Part D Enrollment
64. **Upper County Community Food Bank**
65. **WorkSource of Kittitas County**
  - 65.a. Employment & Training
  - 65.b. Unemployment Information\*
  - 65.c. Job Corps
  - 65.d. Veterans Services\*\*
  - 65.e. WorkFirst\*
66. **WSU Kittitas County Extension**
  - 66.a. 4-H
67. **Yakima Valley Community College**
  - 67.a. Adult Basic Education
68. **Youth Services of Kittitas County**
  - 68.a. Mentor Program\*
  - 68.b. Mt. Stuart Afterschool Homework Club\*
  - 68.c. Last Saturday Free Swim Program\*

\*Spanish Spoken      \*\*Veteran Services