

KITTITAS COUNTY DEVELOPMENTAL DISABILITIES

2015-2017 BIENNIAL PLAN

***“At our core, we value each individual as a
contributing member of our community”***

Reviewed and Accepted by the
Kittitas County Mental Health/Developmental Disabilities Advisory Board

Kittitas County Developmental Disabilities
2015-2017 Biennial Plan

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INTRODUCTION

After review and approval by the Kittitas County Mental Health/Developmental Disabilities (MH/DD) Advisory Board, the biennial plan is submitted to the Kittitas County Board of County Commissioners for their review and approval. The Commissioners use the biennial plan to assist in determining policy, ensuring adequate oversight, and providing direction in contracting for services in Kittitas County.

MISSION STATEMENT

People with developmental disabilities and their families are valued citizens of the state of Washington. Services provided shall promote individual worth, self-respect, and dignity such that each individual is valued as a contributing member of the community.

The Kittitas County MH/DD Advisory Board believes that each individual's contributions become apparent through services which endeavor to make a positive difference in the lives of people eligible for services, by offering quality supports and services that are:

- Individual/family driven;
- Stable and flexible;
- Satisfying to the person and their family; and
- Able to meet individual needs.

Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.

Kittitas County's mission is to ensure that each person eligible for such services receives the services needed subject to available resources and pertinent rules and regulations.

VISION

The Kittitas County MH/DD Advisory Board will strive to ensure quality services are provided to people with developmental disabilities and the community.

The provision of such quality services can be ensured by:

- Promoting a community climate for independence, inclusion, relationships, and opportunities for persons with developmental disabilities.
- Promoting opportunities for each person with developmental disabilities to achieve the highest level of competence and independence within his/her personal vision.
- Promoting services for all people with developmental disabilities which provide the greatest opportunity for meaningful relationships, social interactions, employment, and choice of residence.
- Promoting and advocating measurable goals, for all families who have children classified as "at risk" or with a diagnosis of developmentally disabled.

OUTCOMES

People with developmental disabilities will be served with dignity and with respect for individual differences and be supported to experience: the benefits of relationships with friends and families; personal power and choice; personal value and positive recognition by self and others; integration; competence to manage daily activities and pursue personal goals; and health and safety.

The following provide an indication that people with developmental disabilities are receiving the support needed to encourage personal worth and development.

1. **Power and Choice:** People with developmental disabilities should experience power, control, and ownership of their personal affairs. The expression of personal power and choice helps people gain autonomy, become self-governing, and pursue their own interests and goals.
2. **Status:** Status is the perception of self-value relative to others. Positive recognition should be encouraged and developed. Status is important to all people and is influenced by such factors as roles, personal appearance, and where a person lives.
3. **Inclusion:** People with developmental disabilities should have the opportunity to be active participants in the community using the same resources, and involved in the same activities, as others.
4. **Relationships:** People with developmental disabilities should have the opportunity for a range of relationships with both disabled and non-disabled persons including family, friends, peers and other community members.
5. **Competence:** Competence is the capacity to make choices and the ability to follow through with those choices. Services enable people with developmental disabilities to be self-reliant, self-sufficient, and have the ability to identify and obtain help needed from other individuals.
6. **Health and Safety:** People with developmental disabilities should live safely in an environment common to other citizens with reasonable supports offered to protect their health and safety while promoting community inclusion.

SYSTEM GUIDELINES

- **Continuity and coordination of services:** Services will be provided in a flexible manner, which enables people to remain in their own homes and communities wherever feasible.
- **Community participation and partnership:** Services and supports will promote the participation and partnership of consumers, parents, service providers, advocates, local governments, citizens, and businesses.
- **Services quality and performance accountability:** Kittitas County is accountable to the public for effective and prudent use of resources. The County will conduct regular review, evaluation and modifications of programs and services.
- **Nondiscrimination:** Services will be provided in a manner which does not discriminate on the basis of gender, race, color, religion, national origin, age, disability, or sexual orientation/perceived sexual orientation in admission and access to services, treatment, or employment.

OVERVIEW OF SERVICES

As reflected in the Mission Statement and Vision, the Kittitas County MH/DD Advisory Board supports the development of activities which assist people with developmental disabilities to be contributing community members. Emphasis is placed on those services that help people with developmental disabilities obtain and maintain employment.

The following is an overview of the services and programs offered to people with developmental disabilities and the community:

- **Community Access:** Services for people with developmental disabilities ages 62 or older who retire and choose not to work. Services assist individuals to participate in activities, events, and organizations in the community in ways similar to others of retirement age. The Legislature directed that Community Access services be provided to people who have not successfully found employment after 9 months of trying.
- **Group Supported Employment:** Supervised employment and training in regular business and industry settings for groups of no more than eight workers with disabilities.
- **Individual Employment:** Placement and follow-up services necessary to help persons with developmental disabilities obtain and continue employment in the community.
- **Community Education:** Provides outreach and information resource and referral, public information and education. Kittitas County currently has contracts with three organizations for additional services:
 1. Central Washington Disability Resources (CWDR)
Serves as a resource center for individuals and family members who are developmentally disabled. Information and education is provided to individuals and the community. Transition workshops are provided to individuals transitioning into employment services.
 2. Kittitas Valley Opportunities (KVO)
Provides parent-to-parent peer support groups for families with a member who is developmentally disabled. Provides legislative and advocacy information to families with a member who is developmentally disabled.
 3. Bright Beginnings for Kittitas County (BBFKC)
Administers the Ages and Stages tracking questionnaire for the Birth-to-Three project. Provides information and referrals to community organizations and parents with a family member who is developmentally disabled. Provides services for families and children from birth to three years of age with a developmental delay.

MONITORING OF CONTRACTED SERVICES:

Central Washington Disability Resources, Kittitas Valley Opportunities and Bright Beginnings for Kittitas County will make an annual presentation to the MH/DD Advisory Board. In addition quarterly reports will be submitted to the Kittitas County Developmental Disabilities Program Coordinator.

Elmview, Entrust, and Trellis will submit to the MH/DD Advisory Board their current evaluation from the Commission on Accreditation of Rehabilitation Facilities.

Kittitas County will complete as required the "Employment & Day Contract Compliance Review checklist" for the Washington State Department of Social and Health Services Developmental Disabilities Administration.

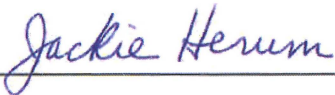
PLANNING PROCESS

Preparation and adoption of the Kittitas County Developmental Disabilities 2015-2017 Biennial Plan is a multiple phase process.

1. Plan development is initiated at the Program Development and Review Committee (PDRC) of the Kittitas County MH/DD Advisory Board. The PDRC provides direction and guidance in the development of the plan.
2. Community members, case managers, and service providers familiar with developmental disability issues in Kittitas County comment on needs and service gaps.
3. PDRC and public review draft plan.
4. Revised plan reviewed by PDRC with recommendation to the MH/DD Advisory Board.
5. MH/DD Advisory Board reviews and recommends acceptance by the Kittitas County Board of County Commissioners.
6. The Kittitas County Board of County Commissioners reviews and approve plan.

Review and Acceptance

The Mental Health and Developmental Disabilities Advisory Board of Kittitas County reviewed and accepted the Kittitas County Developmental Disabilities 2015-2017 Biennial Plan at its regularly scheduled meeting on June 2, 2015. This acceptance is a recommendation to the Kittitas County Board of County Commissioners that the Kittitas County Developmental Disabilities 2015-2017 Biennial Plan be reviewed and adopted by the Kittitas County Board of County Commissioners.

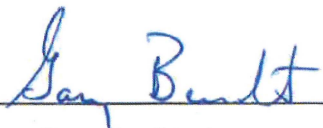


Jackie Herum, Chair

Kittitas County MH/DD Advisory Board

Review and Adoption

The Kittitas County Board of County Commissioners reviewed and adopted the Kittitas County Developmental Disabilities 2015-2017 Biennial Plan at the meeting held June 16, 2015.



Gary Berndt, Chair

Kittitas County Board of County Commissioners

