A total of 858 surveys were collected during 2010. Of these, 844 surveys ( $98.4 \%$ ) were collected from Kittitas County residents. 545 surveys ( $63.5 \%$ ) were submitted on paper and 313 ( $36.5 \%$ ) were submitted online. Of all submitted surveys, 676 ( $78.8 \%$ ) were accompanied by an entry for the survey drawing. For this analysis, surveys submitted from those listing a zip code outside of Kittitas County have been removed. Surveys with a missing zip code are included.

1. In the past month, how much of your food came from the following sources?

|  | None | A little | Some | Most | Total responses |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Convenience stores/ corner stores (7-Eleven, Circle K, etc.) | $\begin{gathered} \hline 72.7 \% \\ \text { (573) } \\ \hline \end{gathered}$ | $\begin{gathered} \hline 22.0 \% \\ (173) \\ \hline \end{gathered}$ | $\begin{gathered} 4.6 \% \\ (36) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 0.8 \% \\ (6) \\ \hline \end{gathered}$ | 788 |
| Fast food restaurants | $\begin{aligned} & 35.8 \% \\ & (284) \end{aligned}$ | $\begin{gathered} \mathbf{4 9 . 2 \%} \\ (390) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 14.6 \% \\ (116) \\ \hline \end{gathered}$ | $\begin{gathered} 0.4 \% \\ (3) \\ \hline \end{gathered}$ | 793 |
| Food bank or soup kitchen | $\begin{aligned} & 83.6 \% \\ & (649) \\ & \hline \end{aligned}$ | $\begin{aligned} & 6.4 \% \\ & (50) \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 8.0 \% \\ & (62) \\ & \hline \end{aligned}$ | $\begin{aligned} & 1.9 \% \\ & \hline \end{aligned}$ | 776 |
| Food stand (taco wagons, sandwich wagons, etc.) | $\begin{gathered} 83.2 \% \\ (650) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline 12.9 \% \\ & (101) \\ & \hline \end{aligned}$ | $\begin{gathered} 3.3 \% \\ (26) \\ \hline \end{gathered}$ | $\begin{gathered} 0.5 \% \\ (4) \\ \hline \end{gathered}$ | 781 |
| Large grocery stores (Fred Meyer, Albertson's, Safeway, Super 1) | $\begin{gathered} 0.2 \% \\ (2) \end{gathered}$ | $\begin{aligned} & 1.8 \% \\ & (15) \end{aligned}$ | $\begin{gathered} \text { 10.7\% } \\ (89) \end{gathered}$ | $\begin{gathered} \text { 87.3\% } \\ (729) \end{gathered}$ | 835 |
| Senior meal program (Meals on Wheels, senior center meals) | $\begin{aligned} & 95.8 \% \\ & (743) \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 1.7 \% \\ & (13) \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 1.8 \% \\ & (14) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 0.8 \% \\ (6) \\ \hline \end{gathered}$ | 776 |
| Sit down restaurants | $\begin{aligned} & 27.6 \% \\ & (219) \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 51.5 \% \\ & (409) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 20.7 \% \\ (164) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 0.3 \% \\ (2) \\ \hline \end{gathered}$ | 794 |
| Small grocery stores (18 ${ }^{\text {th }}$ Street Deli, La Estrella, Better Life, etc.) | $\begin{aligned} & 65.9 \% \\ & (522) \end{aligned}$ | $\begin{aligned} & 25.0 \% \\ & (198) \end{aligned}$ | $\begin{aligned} & 7.2 \% \\ & (57) \end{aligned}$ | $\begin{aligned} & 1.9 \% \\ & (15) \end{aligned}$ | 792 |
| Other source | $\begin{aligned} & \hline 53.7 \% \\ & (102) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 16.3 \% \\ (31) \\ \hline \end{gathered}$ | $\begin{gathered} 20.5 \% \\ (39) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline 9.4 \% \\ & (18) \\ & \hline \end{aligned}$ | 190 |

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2. When in season, how much of your food comes from the following sources?

|  | None | A little | Some | Most | Total <br> responses |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Farmer's markets | $26.2 \%$ | $\mathbf{4 0 . 8 \%}$ | $29.1 \%$ | $3.9 \%$ | 818 |
|  | $\mathbf{4 1 . 7 \%})$ | $\mathbf{( 3 3 4 )}$ | $(238)$ | $(32)$ |  |
| Directly from local farms | $\mathbf{( 3 3 5 )}$ | $(221)$ | $24.8 \%$ | $6.0 \%$ | 803 |

3. Do you have access to a fruit/vegetable garden? If yes, check all that apply.

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| I have my own garden | $53.0 \%$ | 375 |
| I share a garden with someone | $16.1 \%$ | 114 |
| I garden at a community garden | $3.4 \%$ | 24 |

Do you have access to a fruit/vegetable garden? If no, why not? Check all that apply.

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| I don't have a place | $59.2 \%$ | 238 |
| I don't know how | $18.7 \%$ | 75 |
| I don't have time | $34.6 \%$ | 139 |
| I can't afford to | $15.7 \%$ | 63 |
| I don't want to | $15.7 \%$ | 63 |
| Other reason | $21.0 \%$ | 65 |

4. How often do you or someone in your household prepare dinner at home?

|  | \% of respondents | number of respondents |
| :--- | :---: | :---: |
| $\mathbf{0 - 2}$ days per week | $4.0 \%$ | 33 |
| 3-4 days per week | $13.7 \%$ | 113 |
| 5-6 days per week | $29.3 \%$ | 242 |
| Generally every day | $53.3 \%$ | 438 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{8 2 6}$ |

5. How important are the following in where you get your food?

|  | Not important | Somewhat important | Very important | Total responses |
| :---: | :---: | :---: | :---: | :---: |
| Quality | $\begin{gathered} 1.0 \% \\ (8) \\ \hline \end{gathered}$ | $\begin{aligned} & 13.0 \% \\ & (107) \end{aligned}$ | $\begin{aligned} & 86.0 \% \\ & (707) \\ & \hline \end{aligned}$ | 822 |
| Tastes good | $\begin{gathered} 0.6 \% \\ \text { (5) } \\ \hline \end{gathered}$ | $\begin{aligned} & 12.3 \% \\ & (101) \end{aligned}$ | $\begin{gathered} 87.1 \% \\ (713) \\ \hline \end{gathered}$ | 819 |
| Distance (close to home/work) | $\begin{gathered} 8.7 \% \\ (71) \\ \hline \end{gathered}$ | $\begin{aligned} & 46.8 \% \\ & (383) \end{aligned}$ | $\begin{aligned} & 44.5 \% \\ & (364) \\ & \hline \end{aligned}$ | 818 |
| Cost | $\begin{aligned} & 1.8 \% \\ & (15) \end{aligned}$ | $\begin{aligned} & 30.5 \% \\ & (250) \\ & \hline \end{aligned}$ | $\begin{aligned} & 67.7 \% \\ & (556) \end{aligned}$ | 821 |
| What my family likes/wants | $\begin{aligned} & 4.2 \% \\ & (33) \\ & \hline \end{aligned}$ | $\begin{aligned} & 28.5 \% \\ & (225) \\ & \hline \end{aligned}$ | $\begin{aligned} & 67.3 \% \\ & (531) \\ & \hline \end{aligned}$ | 789 |
| Acceptance of EBT (food stamps) and/or WIC checks | $\begin{aligned} & 70.9 \% \\ & \text { (567) } \end{aligned}$ | $\begin{aligned} & 6.6 \% \\ & (53) \\ & \hline \end{aligned}$ | $\begin{aligned} & 22.5 \% \\ & (180) \\ & \hline \end{aligned}$ | 800 |
| Nutrition/health | $\begin{aligned} & 1.8 \% \\ & (15) \\ & \hline \end{aligned}$ | $\begin{aligned} & 21.8 \% \\ & (180) \\ & \hline \end{aligned}$ | $\begin{aligned} & 76.4 \% \\ & (631) \\ & \hline \end{aligned}$ | 826 |
| Variety of selection | $\begin{aligned} & 2.9 \% \\ & (24) \\ & \hline \end{aligned}$ | $\begin{aligned} & 38.1 \% \\ & (312) \\ & \hline \end{aligned}$ | $\begin{aligned} & 59.0 \% \\ & (484) \\ & \hline \end{aligned}$ | 820 |

6. Do you have access to the following cooking equipment?

|  | Yes | No | Total |
| :---: | :---: | :---: | :---: |
| Barbecue | $\begin{gathered} 76.6 \% \\ (629) \\ \hline \end{gathered}$ | $\begin{gathered} 23.4 \% \\ (192) \\ \hline \end{gathered}$ | 821 |
| Crockpot | $\begin{aligned} & 82.5 \% \\ & (681) \\ & \hline \end{aligned}$ | $\begin{aligned} & 17.6 \% \\ & (145) \\ & \hline \end{aligned}$ | 826 |
| Freezer | $\begin{gathered} 97.0 \% \\ (801) \\ \hline \end{gathered}$ | $\begin{aligned} & 3.0 \% \\ & (25) \\ & \hline \end{aligned}$ | 826 |
| Microwave | $\begin{gathered} 94.3 \% \\ (781) \\ \hline \end{gathered}$ | $\begin{aligned} & 5.7 \% \\ & (47) \\ & \hline \end{aligned}$ | 828 |
| Oven or convection oven | $\begin{aligned} & 98.4 \% \\ & (816) \\ & \hline \end{aligned}$ | $\begin{aligned} & 1.6 \% \\ & (13) \\ & \hline \end{aligned}$ | 829 |
| Refrigerator | $\begin{gathered} \text { 100.0\% } \\ \text { (833) } \\ \hline \end{gathered}$ | $\begin{gathered} \hline 0.0 \% \\ (0) \\ \hline \end{gathered}$ | 833 |
| Stove or hotplate | $\begin{gathered} 96.5 \% \\ (797) \\ \hline \end{gathered}$ | $\begin{aligned} & 3.5 \% \\ & (29) \\ & \hline \end{aligned}$ | 826 |
| Toaster | $\begin{gathered} 94.6 \% \\ (784) \\ \hline \end{gathered}$ | $\begin{aligned} & 5.4 \% \\ & (45) \\ & \hline \end{aligned}$ | 829 |
| Food preservation equipment (canning, drying) | $\begin{aligned} & 48.2 \% \\ & (392) \\ & \hline \end{aligned}$ | $\begin{gathered} 51.8 \% \\ (421) \\ \hline \end{gathered}$ | 813 |
| Other items necessary to cook at home | $\begin{aligned} & 92.1 \% \\ & (699) \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 7.9 \% \\ & (60) \\ & \hline \end{aligned}$ | 759 |

7. In the last year did you or other members of your household ever skip meals or eat less because you didn't have enough food?

|  | \% of respondents | number of respondents |
| :--- | :---: | :---: |
| Almost every month in the last year | $6.0 \%$ | 50 |
| Several months in the last year | $7.0 \%$ | 58 |
| $\mathbf{1}$ or 2 months in the last year | $11.1 \%$ | 92 |
| No, this didn't happen | $75.9 \%$ | 630 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{8 3 0}$ |

8. What makes it hard for you to get the food you need? Check all that apply.

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| Lack of money | $38.9 \%$ | 317 |
| Lack of time | $17.3 \%$ | 141 |
| Lack of transportation | $6.8 \%$ | 55 |
| High prices | $38.8 \%$ | 315 |
| Distance to food sources | $9.6 \%$ | 78 |
| Lack of availability of food my family wants/likes | $9.5 \%$ | 77 |
| Lack of food banks, meal programs, or food assistance | $3.1 \%$ | 25 |
| Nothing | $35.5 \%$ | 289 |

10. How often do you or other members of your household eat something that you consider to be less healthy because it is cheaper?

|  | \% of respondents | number of respondents |
| :--- | :---: | :---: |
| Never | $11.5 \%$ | 94 |
| Rarely | $28.0 \%$ | 229 |
| Sometimes | $39.8 \%$ | 326 |
| Often | $17.6 \%$ | 144 |
| All of the time | $3.2 \%$ | 26 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{8 1 9}$ |

11. Do you think that access to healthy foods is a problem in your community?

|  | \% of respondents | number of respondents |
| :--- | :---: | :---: |
| Yes | $34.3 \%$ | 281 |
| No | $44.9 \%$ | 368 |
| I don't know | $20.9 \%$ | 171 |
| TOTAL | $\mathbf{1 0 0 . 0 \%}$ | $\mathbf{8 2 0}$ |

13. If locally grown foods were more available, how often would you buy them instead of other foods?

|  | \% of respondents | number of respondents |
| :--- | :---: | :---: |
| Never | $0.5 \%$ | 4 |
| Rarely | $0.7 \%$ | 6 |
| Sometimes | $15.9 \%$ | 129 |
| Often | $51.4 \%$ | 416 |
| All of the time | $26.7 \%$ | 216 |
| I don't know | $4.8 \%$ | 39 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{8 1 0}$ |

14. What makes it hard for you to buy locally grown foods? Check all that apply.

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| Not available | $26.4 \%$ | 214 |
| Don't know where to get it | $32.2 \%$ | 261 |
| More expensive | $53.6 \%$ | 434 |
| Poorer quality | $4.6 \%$ | 37 |
| Nothing | $14.8 \%$ | 120 |
| Other reason | $15.2 \%$ | 123 |

## 16. How old are you?

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| $\mathbf{1 9}$ and under | $2.2 \%$ | 18 |
| $\mathbf{2 0 - 2 4}$ | $10.8 \%$ | 87 |
| $\mathbf{2 5 - 2 9}$ | $9.4 \%$ | 76 |
| $\mathbf{3 0 - 3 4}$ | $10.0 \%$ | 81 |
| $\mathbf{3 5 - 3 9}$ | $9.4 \%$ | 76 |
| $\mathbf{4 0 - 4 4}$ | $9.9 \%$ | 80 |
| $\mathbf{4 5 - 4 9}$ | $8.5 \%$ | 69 |
| $\mathbf{5 0 - 5 4}$ | $10.4 \%$ | 84 |
| $\mathbf{5 5 - 5 9}$ | $9.3 \%$ | 75 |
| $\mathbf{6 0 - 6 4}$ | $8.4 \%$ | 68 |
| $\mathbf{6 5 - 6 9}$ | $6.1 \%$ | 49 |
| $\mathbf{7 0 - 7 4}$ | $2.6 \%$ | 21 |
| $\mathbf{7 5 - 7 9}$ | $1.7 \%$ | 14 |
| $\mathbf{8 0}$ and higher | $1.4 \%$ | 11 |

17. How many people live in your household?

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| Adults |  |  |
| $\mathbf{1}$ | $27.8 \%$ | 227 |
| $\mathbf{2}$ | $59.8 \%$ | 489 |
| $\mathbf{3}$ | $8.0 \%$ | 65 |
| $\mathbf{4}$ | $3.9 \%$ | 32 |
| $\mathbf{5}$ | $0.5 \%$ | 4 |
| $\mathbf{6}$ | $0.1 \%$ | 1 |
| $\mathbf{C h i l d r e n ~}$ |  |  |
| $\mathbf{0}$ | $62.2 \%$ | 509 |
| $\mathbf{1}$ | $13.6 \%$ | 111 |
| $\mathbf{2}$ | $15.3 \%$ | 125 |
| $\mathbf{3}$ | $5.5 \%$ | 45 |
| $\mathbf{4}$ | $2.2 \%$ | 18 |
| $\mathbf{5}$ | $1.0 \%$ | 8 |
| $\mathbf{6}$ | $0.1 \%$ | 1 |
| $\mathbf{7}$ | $0.2 \%$ | 2 |

18. Do you rent or own your place of residence?

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| Rent | $39.7 \%$ | 320 |
| Own | $55.5 \%$ | 448 |
| Other | $4.8 \%$ | 39 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{8 0 7}$ |

19. What is your zip code?

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| $\mathbf{9 8 9 2 2}$ - Cle Elum | $9.2 \%$ | 76 |
| $\mathbf{9 8 9 2 5}$ - Easton | $1.2 \%$ | 10 |
| $\mathbf{9 8 9 2 6}$ - Ellensburg | $75.4 \%$ | 621 |
| $\mathbf{9 8 9 3 4}$ - Kittitas | $4.4 \%$ | 36 |
| $\mathbf{9 8 9 4 0}$ - Ronald | $0.9 \%$ | 7 |
| $\mathbf{9 8 9 4 1}$ - Roslyn | $3.8 \%$ | 31 |
| $\mathbf{9 8 9 4 3}$ - South Cle Elum | $1.8 \%$ | 15 |
| $\mathbf{9 8 9 4 6}$ - Thorp | $1.7 \%$ | 14 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{8 1 0}$ |

21. What is your household's approximate yearly income?

|  | \% of respondents | number of respondents |
| :---: | :---: | :---: |
| Less than \$10,000 | 17.3\% | 135 |
| \$10,000 to less than \$15,000 | 10.1\% | 79 |
| \$15,000 to less than \$20,000 | 6.7\% | 52 |
| \$20,000 to less than \$25,000 | 6.2\% | 48 |
| \$25,000 to less than \$35,000 | 11.5\% | 90 |
| \$35,000 to less than \$50,000 | 14.5\% | 113 |
| \$50,000 to less than \$75,000 | 18.7\% | 146 |
| \$75,000 or more | 15.1\% | 118 |
| TOTAL | 100.0\% | 781 |

22. What is your race/ethnicity?

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| White | $89.1 \%$ | 661 |
| Hispanic | $4.9 \%$ | 36 |
| Black | $1.1 \%$ | 8 |
| Asian | $1.2 \%$ | 9 |
| Native American | $1.2 \%$ | 9 |
| Multiple races | $2.6 \%$ | 19 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{7 4 2}$ |

23. What is your gender?

|  | \% of respondents | number of <br> respondents |
| :--- | :---: | :---: |
| Male | $20.1 \%$ | 159 |
| Female | $79.9 \%$ | 632 |
| TOTAL | $\mathbf{1 0 0 . 0} \%$ | $\mathbf{7 9 1}$ |

