ABCD DENTISTS

Ellensburg Dental Care
Dr. Davis, DDS
1206 Dolarway Road Ste 101
Ellensburg, WA 98926
(509) 933-2400

Creekside Dental
Dr. Packard, DDS
2601 Triple L Loop
Ellensburg, WA 98926
(509) 933-4800

Central Washington Pediatric Dentistry
Dr. Neal H. Smith, DMD
315 N. Sprague St.
Ellensburg, WA 98926
(509) 859-2646

General & Hospital Dentistry
Dr. Mark Siks
215 E. Fourth Avenue
Ellensburg, WA 98926
(509) 925-3200

Dr. Howey, DDS & Associates
601 N. Main Ste. 2
Ellensburg, WA 98926
(509) 933-3300

Contact the Kittitas County Public Health Department today to enroll your child in the ABCD dental program at

509-962-7515

Kittitas County Public Health Department

507 N. Nanum Street, Suite 102
Ellensburg, WA 98926
Phone: 509.962.7515 • Fax: 509.962.7581
www.co.kittitas.wa.us/health/

Washington Dental Service Foundation
Community Advocates for Oral Health

Washington State Department of Social & Health Services

DENTAL CARE FOR INFANTS AND CHILDREN AGES 0-5 WITH DSHS SERVICES CARD

Revised 02/2013
**HEALTHY TEETH AT HOME**

First teeth are important! Caring for baby teeth is key to healthy teeth for a lifetime.

- **Check your baby’s teeth!** Lift the lips and check your child’s teeth once a month. If you see white or brown spots call the dental office right away.
- **Start dental visits early!** Dental visits should start by the first birthday.
- **Clean your child’s teeth twice daily!** Use a clean cloth or small soft toothbrush. Pay special attention to bedtime brushing.
- **Use fluoride to make teeth strong!** Ask the doctor or dentist about fluoride supplements and treatments.
- **Prevent baby bottle tooth decay!** If you must put your child to bed with a bottle, fill it only with plain water.

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**WHO IS ELIGIBLE FOR ABCD?**

Infants and children, ages 0-5, with a DSHS Services Card (medical coupon, Medicaid, Provider One)

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**WHAT ABCD CAN DO FOR YOU!**

- Helps you find a dentist
- Gives your children a great start in life by making sure baby teeth are healthy
- Gets children into a dentist as early as age one, as recommended by the American Academy of Pediatric Dentistry
- Provides an easy exam with child in parent’s arms, not in a dental chair
- Prevents tooth pain later on in life
- Three (3) fluoride varnish applications yearly
- Two (2) dental exams yearly
- Two (2) family education sessions per child yearly
- Restorative care as needed